



# Why Do Dogs Dig?



## Natural Instincts

Digging is a natural survival instinct for dogs, inherited from their ancestors who dug for safety.



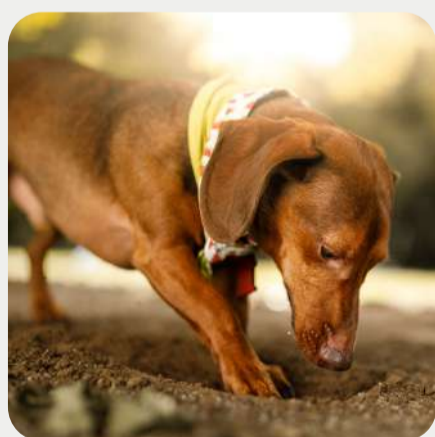
## Seeking Comfort

Have you seen your dog digging at its bed? They're making it comfortable or cooling down.



## Boredom

Active dogs may dig to expend energy or relieve boredom when left alone without toys or activities.



## Attention-Seeking

Dogs dig for attention, knowing it prompts a response from you, positive or negative.



## Stress or Anxiety

Dogs may dig to cope with stress or anxiety from loud noises, separation, or changes.