# How to Stop a Dog from Barking?



#### **Stay Calm**

Avoid yelling. Use a firm, gentle command like 'quiet' to discourage barking.

#### 'Quiet' Command Training

"Say 'quiet', reward silence with treats. Increase quiet intervals gradually.





## **Exercise and Mental Play**

Keep your dog physically active and mentally stimulated to reduce boredom barking.

## Avoid Reinforcing the Barking

Don't reinforce barking with attention. Reward calmness instead.





### **Distraction Strategy**

Distract from triggers like the doorbell by teaching them to go to a spot and stay quiet..