

# Understanding Feline Separation Anxiety

## Do Cats Miss Us?

Yes, cats can get separation anxiety too!



## Spot the Signs

- 🐾 Excessive licking
- 🐾 Change in appetite
- 🐾 Odd toilet habits
- 🐾 More meows
- 🐾 Clingy or grumpy
- 🐾 Ease Their Worry

## Keep routines

- 🐾 Fun toys & views
- 🐾 Slowly ease departure cues
- 🐾 Consider a sitter or buddy
- 🐾 Vet check if needed



## Remember

Cats hide anxiety well. Keep an eye out and provide comfort!