

UNDERSTANDING ANXIETY IN DOGS



Anxiety in dogs can be quite common. It can negatively impact the pet's life & relationship with its owner.

SYMPTOMS

Destructive behavior

Loss of appetite

Excessive barking or whining

Panting, shaking, tucking the tail

Licking or biting themselves

Potentially aggressive



DID YOU KNOW?

There are different causes of anxiety in dogs like genetics, past experiences, and environmental factors

TREATMENT

- Seek the help of a professional dog trainer or behaviorist
- Medications can also help manage anxiety



PREVENTION

Provide a stable and loving environment

Avoid unnecessary changes in dog's routine

Socialize your dog from an early age

Provide plenty of physical and mental stimulation

TIPS

Practice leaving your pets alone for few minutes at a time. Reward him if he stays calm

Don't say goodbye when you move out

Stay Calm when you are back home. Don't make him feel that you were not around for so long.

Crate train your dog. Talk to your Vet about the strategies

Walk your dog before you move out

Help your pet fight anxiety! Ensure he is happy & healthy.

