

# **5 SIGNS OF DEPRESSION**

Dogs, like humans, get depressed as well. The reason behind this could be anything varying from lack of love to loss of a companion. It is important to identify and treat canine depression as it could have lasting effects on you as well as your dog.



## **APPETITE CHANGES**

When a dog is depressed it either tends to overeat or eat less. However, this can also be due to other reasons such as climate, or any other health-related problems. It is best to consult your vet immediately when you spot this symptom.



### **EXCESSIVE SLEEPING**

Dogs sleep a lot. But, if he continuously fails to acknowledge your presence then it is a concern.

## **BOREDOM**

if your dog suddenly stops showing interest in walks, or games that interested her earlier. It is important that you don't confuse fatigue and boredom. Fatigue is not being able to and boredom is not wanting to.



## **HIDING**

When a dog hides from you it could only mean two things – injury or mental illness. If your dog does not have any injury or physical illness, then it means that he is going through depression.



## LICKING AND CHEWING

Dogs often cool themselves through licking.
Therefore if you catch your dog chewing or licking their paws a little more than what they do often, then it is a sign of depression.

