

Meow!

## 5 REASONS

# Why Cats Love to Lick Us?

### 01 Affection and Bonding

- It's their way of saying, "You're part of my family"
- By licking our skin or hair, cats display their love and trust



### 02 Marking Environment

- Cats have their unique scent when they lick us.
- They claim us as part of their territory by keeping us with their fragrance



### 03 Stress Relief

- Licking releases endorphins - serves as self-soothing mechanism
- Cats seek comfort in our presence by redirecting their grooming behavior toward us



### 04 Seeking Attention

- Cats learn that licking can elicit a response from their humans
- Petting session, playtime, or a simple acknowledgment.



### #05 Taste and Exploration

- The saltiness or residue from our skin may attract their attention.
- They investigate our taste to understand and connect with us.

